

Return to Work Emerging Trends and Breaking Down Barriers

Wednesday, April 9, 2025

Victoria Inn Hotel & Conference Centre
1808 Wellington Avenue, Winnipeg, Manitoba
special room rates for registrants



Presented by
Rehabilitation Return to Work Partnership
<http://rrwp.ca/>



Conference Summary

This one-day conference will provide current information and resources to assist you in working through challenging issues in disability management.

Moncia Heinrichs will get the day started with comments on industry trends. Next, **Dr. Burron** will talk about how to effectively communicate with physicians to get the information you need in a timely manner. Following our morning break **Dr. Nagpal** will talk about exploring somatoform disorders using a bio-psycho-social-spiritual lens. Wrapping up the morning, **Anne McGregor** will talk about how Vocational Rehabilitation services can support clients with somatoform disorders in their return to work and how integrating Positive Psychology tools and interventions, can influence clients and encourage returning to meaningful employment.

After a delicious lunch and some networking with our trade show representatives we will hear from **Anne Kresta** on partnering with neurodiverse clients to break down barriers for success in the workplace. After a brief afternoon break we will hear from Occupational Therapist's, **Ashlyn Bohonos** and **Tanya Neuert** about Neurodiversity and Workplace Accommodations. We will end the day with Winnipeg born Comedian and Writer, **Jordan Welwood**.

Who Should Attend?

- case managers and rehabilitation consultants
- members of the medical and health care communities
- employers and unions
- human resource professionals
- social workers

Conference Registration: \$225

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Timetable

Time	Presenter & Topic
7:30 a.m.	Registration, coffee and muffins
8:15 a.m.	Monica Heinrichs - Industry Trends
8:30 a.m.	Dr. Burron - Communicating with Physicians
9:25 a.m.	Break
9:45 a.m.	Dr. Nagpal - An overview of somatoform disorders
10:40 a.m.	Break
11:00 a.m.	Anne McGregor - How VR services can support clients with somatoform disorders in their return to work and influence clients returning to meaningful employment
11:30 a.m.	Lunch
12:15 p.m.	Prize Draws
12:30 p.m.	Anne Kresta - Breaking down barriers with neurodiverse clients for successful return to the workplace
1:45 p.m.	Break
2:15 p.m.	Ashlyn Bohonos and Tanya Neuert - Neurodiversity and Workplace Accommodations
3:00 p.m.	Comedian Jordan Welwood

CCRC, CVRP and RRP credits are available for attendance at the conference.

Proof of attendance certificates available upon request.

Trade show and sponsorship opportunities available.
Trade show registration: \$400 - Spots are limited!

Pre-registration questions? Shannon Weiss at sweiss@wcb.mb.ca
General questions? Tim Hauser at thausen@mpi.mb.ca



Conference Presenters

Dr. Ian Stuart Burron

BMR(PT), MD, CCFP(EM), ACBOM.

Topic of Discussion – “The least information to accomplish the task” – How to effectively communicate with physicians to get the information you need in a timely manner.

Dr. Burron is a medical consultant with the Worker’s Compensation Board of Manitoba, the RCMP, and the City of Winnipeg. Dr. Burron provides Occupational Medicine assessments, and Independent Medical Examinations at Pure Lifestyle Winnipeg. Dr. Burron’s practice also includes emergency medicine, and cardiac stress testing at Selkirk Regional Health Center.

Dr. Sabina Nagpal

Topic of Discussion – Exploring somatoform disorders using a bio-psycho-social-spiritual lens

Dr Sabina Nagpal is a Canadian trained academic psychiatrist who is passionate about resilience and early return to function. Her fellowship training in psychotherapy informs the lens she takes towards understanding the biological, psychological, social and spiritual contributors to mental ill health related disability. As the Chief Medical Officer of BridgeMed Health, Dr. Nagpal applies this approach to rapid and effective return to work.

E. Anne Macgregor (She/Her)

BHec, CCVE, CVRP, RRP, CAPP

Topic of Discussion – Exploring how VR services can support clients with somatoform disorders in their return to work and how integrating Positive Psychology tools and interventions, can influence clients and encourage returning to meaningful employment.

Anne Macgregor is a Vocational Rehabilitation Practitioner with experience in both private and public sectors. She has widespread practice providing services to individuals navigating complex barriers to returning to work. Anne owns and operates Bravework, offering comprehensive assessments, psychometric vocational testing and coaching for clients to prepare for, attain and maintain gainful employment. A proponent of integrating Positive Psychology into vocational planning, she emphasizes resilience, strengths, and teamwork in her practice. She has served as President of the Vocational Rehabilitation Society – Manitoba Chapter for three years, and as a Cancer survivor, she is honoured to be an ambassador on Terry Fox’s team.





Conference Presenters

Anne Kresta MSc

Topic of Discussion – Breaking down barriers with neurodiverse clients for successful return to the workplace.

Anne Kresta is the parent of three, two of whom were diagnosed as being on the Autism Spectrum when they were young. Her experience supporting them through childhood, adolescence, and adulthood has fueled her strong advocacy for the inclusion of people with disabilities in our communities. In collaboration with The Ability Hub/The Sinneave Family Foundation in Calgary, AB, and through previous work with Community Living Manitoba and on the Thrive! leadership group led by Manitoba Family Services, she has spearheaded pilot projects addressing the employability and post-secondary education experiences of individuals with Autism Spectrum. Since 2017, Anne has served as the President and Executive Director of Level It Up. She sits on the board of the Autism Alliance of Canada and is a co-founder and past chair of Neurowrx (www.neurowrx.org), an international alliance working to improve employment opportunities for skilled autistic people in Science, Technology, Engineering, Arts, and Math (STEAM).



Ashlyn Bohonos and Tanya Neuert

Occupational Therapists, Block Building Therapies

Topic of Discussion – From Awareness to Action: Neurodiversity and Workplace Accommodations

Ashlyn and Tanya are both Senior Occupational Therapists who work at Block Building Therapies. Combined they have over 30 years of clinical experience working with diverse populations and in collaboration with third party funders to provide successful return to work programs. Ashlyn is currently leading the Concussion Care Community Clinic and Long Covid Program while Tanya is the leading therapist in the mental health and ADHD program at the clinic. Their knowledge base is specialized in complex medical management of claims such as workplace injury, mental health, ADHD and other neurodiverse populations.

Jordan Welwood

Winnipeg born Comedian and Writer

Jordan is a Winnipeg born comedian and writer. In 2015 he won Runner up in Sirius XM's "Canada's Top Comic" at JFL42. He also represented Winnipeg in the finals of "Top Comic" in 2013. Jordan has opened for many big names including Gerry Dee and at JFL42 Pete Holmes liked his set so much he specifically asked Jordan to open for him. He is a regular host and headliner at Rumor's Comedy Club and was recently featured on CBC's very popular "Laugh Out Loud." Most recently, Jordan can be seen on Season 3 of CTV's Roast Battle Canada. His observations and imagery about his lifestyle and relationships, delivered with an animated performance are all around fun to watch.



2025 RTW Conference Registration

Conference Date: Wednesday, April 9, 2025

Conference Address: Victoria Inn, 1808 Wellington Avenue, Winnipeg, MB

Send completed registration to: rtwconference23@gmail.com

General Attendance or Tradeshow Booth:

<input type="radio"/>	General attendance (\$225.00 per person)
<input type="radio"/>	Trade Show Booth (\$400- includes entrance for 1 attendee)

Registration payment is non-refundable but is transferrable

Attendee Full Name:	
Cell Number:	
E-mail:	
Organization:	
Address:	

Dietary restrictions:

<input type="radio"/>	None	<input type="radio"/>	Vegan
<input type="radio"/>	Vegetarian	<input type="radio"/>	Other

Method of Payment: Please select your payment method and you will be contacted to arrange secure payment.

Payee Full Name: (if different than the attendee)	
Email Address	
<input type="radio"/>	E-Transfer
<input type="radio"/>	Cheque
<input type="radio"/>	Credit Card - fees apply <ul style="list-style-type: none"> Individual registration \$225 - (plus \$8.00 credit card fee) Vendor registration \$400 - (plus \$14.00 credit card fee)

The RRWP is a non profit organization that is committed to providing continuing education opportunities.

